



OThe Catholic Women's League of Canada London Diocesan Council

To: All Parish Presidents, Chairpersons

CC: London Diocesan Council, OPC Chairperson

From: Beatrice Taylor, London Diocesan Faith Chairperson

Date: March 2025

Directive #8

"Lent stimulates us to let the Word of God penetrate our life and in this way to know the fundamental truth: who we are, where we come from, where we must go, what path we must take in life."

—Pope Benedict XVI

Lent is a wonderful time to reflect on Christ's life and why he died for us. Traditional Lenten disciplines are fasting and abstinence, prayer, and almsgiving. During this Jubilee 2025 Pilgrims of Hope, we have an opportunity to pilgrimage to a shrine, especially ours, The Martyrs Shrine in Midland, Ontario. As I research material for reflecting on the Life and times of Jesus, I have found many apps that have become very helpful with daily reflections and prayers, such as the rosary and many study platforms. We all pray for the health of our pontiff Pope Francis.

National Faith Chair is doing Stations of the Cross for those with mental illness every Friday at 3 p.m. on Zoom from March 7 to April 18 - 7 occurrence(s). Link:

https://us06web.zoom.us/j/88919896671?pwd=I2YYpCb7IXbeM8sHgmjXaWmGTA1pdD.1 ID #: 889 1989 6671, Pass Code: 833942.

Sunday, April 6th is the Lenten Webinar from National at 2:30 pm, Hope in the Midst of Turmoil with Shari Guinta, National President, Bishop Wayne Lobsinger, National Spiritual Advisor, and Rolande Chernichan, National Chairperson of Faith. Register for the webinar at: https://register.gotowebinar.com/register/2669420062234998620

During March, we honour the foster father of our Lord, Joseph, the most pure spouse of the Virgin Mary. His feast day is the 19th.

Encourage your Council to celebrate the Feast of Our Lady of Good Counsel with Mass on Saturday.

I look forward to seeing many of you at the Diocesan Convention in Stratford on April 28, 29 and 30th.

Remember to visit the National Calendar of Events: https://www.cwl.ca/events/

Peace and Love, Bea Taylor

